



## ROBS NEWSLETTER

January/February 2006

RETIRES OF BRENTWOOD SCHOOLS

ISSUE 63



### ROBS MEETING

#### DATES:

**Bay Shore Public Library  
10 AM**

- 2/16 Breakfast
- O-CO-NEE Diner
- 3/8 Florida Luncheon
- 3/14 Gen. Meeting
- Visiting Nurse/Hospice Care
- 4/6 Gen. Meeting-History Video
- 5/11 Gen. Meeting -GOLF +
- 6/1 Luncheon- Riverview

### AFT DISASTER RELIEF FUND

*for Katrina has now raised just under \$910,000 toward a goal of \$3 million plus.*

*AFT National has pledged \$1 million, ING Life & Annuity contributed \$20,000. All money is used to provide direct assistance to AFT members; no funds are used for administrative purposes. Go to [www.aft.org/katrina](http://www.aft.org/katrina). All online donations from members will be credited to the appropriate state's contribution total.*

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## HOLIDAY HOPES

Money raised this year for Project Hope helped four families to have holidays that were brighter than they might have been. The toys, and other items on the children's wish lists, brought smiles and many happy moments, but now the holidays are over and their stark reality is back.

Phyllis Goodwin and Harriet Pepine helped Peter Vercillo, chair of the Community Liaison Committee, deliver the goodies just before Christmas. The experiences of meeting the families was an eye opener, according to Phyllis.



One mother had sewn slipcovers for the dilapidated couch in the living room. When complemented on how lovely they were, she lamented that they wouldn't last long because they were sewn them hand. Ruth McCalla has since

donated a sewing machine and the woman was beside herself with joy.

Another home visited was Maxine's. She is a nurse who is disabled, and has four handicapped children to care for 24/7. Her bed was a mattress on the floor, with springs protruding, difficult to get in and out of.

Housing may be provided by Suburban Children, but



furniture is not always available. If items can be found, there is the problem of transporting those items.

Maxine's family was so grateful for the gifts ROBS brought, that the family disappeared into the back of the house for a long period of time. When they returned they presented Phyllis and Harriet with a hand drawn poster and a "gingerbread

house" made of soda crackers.

Maxine, who was adopted for both holidays, sent thank you notes to ROBS on behalf of the family: "You really made our Christmas wonderful, everything was well needed and appreciated... I always tell my kids God is good and has his helpers, and you made our dreams come true. God bless all of you."

Kris Dougherty hosted the Wrap party this year. Thanks to her and shoppers: the Spencers, Lois Morella, Lynn Tiscione, Letty & Sheila Sustrin. Also, without the generous donations of ROBS members, none of this would have been possible.

And then there were those happy wrappers!



## SEARCHING FOR...Let Us Know

**Carole Bruno** found a former Brentwood graduate, Sue Assey, in the Saratoga area who is looking for **Donald C. Allgrove**, her 2nd or 3rd grade elementary

teacher at North Elementary. She graduated from Brentwood in 1967. She would like to contact him and tell him it was because of him she became a teacher.

We do know he served on the Suffolk Legislature for a time, his wife, **Audrey**, who passed away, taught at Loretta Park & he may be in Florida. Any other clues?

# PHYLLIS'S FORUM

Phyllis Goodwin, President - (631-673-2971)



Dear Colleagues,

Welcome to the year 2006. I hope all of you had an enjoyable holiday season.

I am starting this year feeling like "Chicken Little." There are many negative factors that will influence our future and one can only warn of impending doom periodically.

First, for ROBS members receiving Medicare, Part D is not a problem as we have creditable coverage with our prescription plan. There may be forces at work within the school district that may want to curtail some of our benefits, but the NY Legislature usually has the last word with the passing of the state budget. If you have any questions call Dot Zuckerman @ (631) 273-8822.

Many of you did not return your membership form this year - 92 to be exact. Five dollars of the dues we all pay helps to fund the RC21 Educational Grant Fund. ROBS was the recipient of its largest award this past year, which we used for scholarships to Brentwood graduates who intend to go into education.

The next problem (here she goes again) is attendance at our meetings. Many of our members attend RC21 meetings and social events but not our own meetings. This is not a bad thing but ROBS also needs your support. We try to have

programs that are current and of interest. We try to give members the opportunity to get involved politically, as well as to socialize. It's worth your time to attend!

On March 9, our guest speaker will be Joyce Palmeiri of the Visiting Nurses of Suffolk. Joyce is the Director of a Hospice program and new Care Center in East Northport. She has a great deal of information available for us. Please be sure to attend this meeting.

Our APRIL meeting will be our History Video by John Sherin and Carmela Criscione and their cast of thousands.

In May, we will have our election of officers and meet at Cedar Park for a morning of Pitch and Putt. Those who would like to play a round of golf may do so after they vote. You will receive more information later.

Lastly, we desperately need you to give of your time to help run our organization. It is great to see all of you at our luncheons and New Year breakfast, but we need your support the other six months of the year as well.

Dot, Jack, Ruth, Harriet, John, Chris and Lynn have spearheaded this group

for 15 years, and are the very same people who worked for your contracts and benefits in the past. - which you still enjoy. Adrienne Eastman, Lois Morella and Harriet Pepine have graciously consented to help provide minutes for our meetings, since we have been without a secretary for almost two years. We are dividing the secretary's responsibilities to lighten the load of the position. Carmela Criscione, (631-666-5519) chair of Nominations, would love to hear if you're interested in becoming an integral part of our organization.

At retirement, many of you vowed never to attend any more meetings. But we really have a good time at our meetings getting to know folks we didn't have time to get to know while working. Everyone on the Executive Board volunteers time to plan programs, newsletters, NYSUT updates and luncheons.

These events are not miracles and do not evolve out of cosmic dust. It is time for others to step up to the plate so that ROBS may remain a viable organization.

### WE NEED YOUR HELP!

In Harmony,  
Phyllis Goodwin

Join SENIORNET, the Don Weidman Computer Learning Center Computer Classes for ages 50 and over at the Family Service League, 790 Park Avenue, Hyntington (200 yards north of Pulaski Road). For information, call 631-427-3700. X 268 M-F, 9:30 AM - 12:30 PM. At other times, leave a message and your call will be returned.

#### ROBS NEWSLETTER

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#### ROBS OFFICERS

PRES: Phyllis Goodwin

V. PRES: Harriet Pepine

SEC'Y: Adrienne Eastman

TREAS: Marge Kirchner

#### A New Year's Toast To: (How Old???)

Elke Sommer, 65

Rita Moreno, 74

Jane Russell, 84

Deborah Kerr, 94



#### ROBS Newsletter

##### Editorial Board:

Carmela Criscione

Adrienne Eastman

Linda Gibson

Phyllis Goodwin

Marge Kirchner

## THE M-T CORNER

"A foolish consistency is the hobgoblin of little minds, adored by little statesmen, philosophers and divines."

— Ralph Waldo Emerson

**NYSUT NOTES**

Dorothy Zuckerman, NYSUT Retiree Services Consultant  
(631-273-8822) (e-mail: dzuckerm@nysutmail.org)

**PRESCRIPTION DRUG COVERAGE – PART 2**

The enrollment period for the new Medicare Prescription Drug plan - "Part D" - opened on November 15<sup>th</sup>. Read Part D to mean Difficult, Deadly, Daunting and Disastrous. What was hoped to be the largest extension of Medicare health coverage for seniors and disabled citizens has become a mass (mess?) of confusion and misinformation. A great many people are confused over what "creditable coverage" means and how would they know if they have it. In September an extremely important letter was mailed to all Empire Plan enrollees titled "**NOTICE OF CREDITABLE COVERAGE FOR PERSONS WITH MEDICARE WHO ARE COVERED BY THE NEW YORK STATE HEALTH INSURANCE PROGRAM (NYSHIP)**." This letter stated that you already have prescription drug coverage that is as good as, if not better than, the Medicare Part D coverage. As a retiree of your school district this coverage is provided through The Empire Plan. With this guarantee of "creditable coverage" there is no need to be concerned with all the hype and promotions centered around enrolling in the new government plan. **Do not sign up for any solicitations; do not enroll in Medicare Part D.....unless you are eligible for the Medicare Part D Low Income Subsidy.** (If you are eligible, check with your employers first because they are not required to reimburse Part D premiums and your Empire drug benefits may be reduced)

**SAVE THIS LETTER WITH ALL YOUR VALUABLE DOCUMENTS IN A SAFE AND SECURE PLACE TO AVOID ANY POSSIBLE FUTURE PENALTIES.** This letter provides you with guaranteed proof that you have creditable coverage. Some people may have misplaced or thrown out this essential letter without realizing its importance. For a replacement copy you can call The Empire Plan toll free at 1-877-769-7447, **Option 1** or contact me directly.

For more information about Medicare contact:

Center for Medicare and Medicaid: 1-800-633-4227; [www.medicare.gov](http://www.medicare.gov)

Medicare Rights Center: 212-869-3850; [www.medicarerights.org](http://www.medicarerights.org)

Center for Medicare Advocacy: 202-216-0028; [www.medicareadvocacy.org](http://www.medicareadvocacy.org)

Henry J. Kaiser Foundation: [www.kaisernetwork.org/drugcalculator](http://www.kaisernetwork.org/drugcalculator)

**TEACHER MAN** by Frank McCourt

Several of us in ROBS have read "Teacher Man." Trust us, it is worth reading, especially for those who taught in the high school. I've done a lot of the same things in classes, had similar experiences with students. The Writer's Group actually has two books of Brentwood anecdotes ready to go. All they need is a publisher. Anyone out there? Chris Veech, Editor

**Tier Reinstatement for Retired Teachers and Public Employees**

**Retirees for Tier 1**, is composed of approximately 3,000 teachers and 1,000 public employees, many of whom were illegally fired or forced to resign from their jobs when their pregnancies began to show. When they returned to work after a break in service for child care, they discovered that, without prior notice, they were reassigned to a less advantageous pension tier.

In 1998 and 1999 the N.Y.'s Governor and legislature passed the **Tier Reinstatement Bill**, which reinstated active teachers and public employees to their original pension tier. The bill did not extend reinstatement to all who needed it. Many teachers and public employees, were excluded because they had retired before it was passed. Today, these individuals still endure cuts of up to 38% to pensions because of breaks in service for child care.

Since 1998 **Retirees for Tier 1** has been working to restore these women to their original pension tier. Currently bills (S3518, A5131) are before the Legislature. There are

106 Assembly sponsors and 30 out of 35 Senate majority sponsors. Many minority members have promised to vote yes when the bill comes to the floor. In the last legislative session, the bill left the Senate Civil Service and Pension Committee, moved to the Rules Committee, but did not reach the floor. NYSUT is being asked to openly support this legislation during the 2006 legislative session. A resolution for the 2006 Representative Assembly has been written and will be reviewed to determine whether it will be placed on the RA agenda.

There is strong support in both legislative houses and a good possibility it will pass if it gets to the floor. Write Gov. Pataki, Senator Bruno and Speaker Silver, as well as your legislators for their support. If you have any questions, Marilyn Mann can be reached at [GMann1111777@msn.com](mailto:GMann1111777@msn.com). (Remember George?)

**THIS IS DEFINITELY A RETIREE ISSUE!**

## SENIORS & MEDICINE: Proper Use for Good Health - CMV

Over the past decade the number of prescriptions has swelled by 2/3rd, so that about 130 million Americans take Meds. This has many, in and out of the medical community, concerned.

People 65 and older are the leading consumers of over-the-counter (OTC) and prescription medicine and nearly a quarter of a million of them end up hospitalized each year from adverse drug reactions, according to the National Council on Aging.

Their initiative, Seniors & Medicine: proper use for good health, includes an interactive web site, [www.senior-med-safety.com](http://www.senior-med-safety.com), which advises older adults to take a dose of caution before taking any pills, prescribed or not.

OTC's are assumed by the seniors, who purchase 40% of them, to have no side effects. But interactions with other OTCs and prescription drugs are blamed for more than 32,000 hip fractures, - many from falls, - and 16,000 car accidents involving older Americans each year, according to the American Society of Consultant Pharmacists. These hospitalizations cost an estimated \$20 billion.

More seniors experience medication-related problems such as mental impairment, drowsiness or lethargy and loss of motor coordination. Medication usage errors account for more than 7,000 deaths in the US yearly, more than 50% among people 65 and older.

Following directions can be difficult for adults with impaired vision (macular degeneration, diabetes, glaucoma and cataracts). And just because an OTC says "safe if taken as directed," doesn't mean it is safe for everyone.

People don't think to tell their physicians which OTC's they take. This is a mistake. Medications interact with one another and can affect heart condition, high blood pressure, diabetes and other health problems common in older adults. Even diet supplements should be mentioned when talking to a health provider.

In December, McGill University Dr. Sandra Dial published a study in the *Journal of the American Medical Association* questioning the use of heartburn drugs - Prilosec, Prevacid, Nexium. She found that the data on 18,000 patients in the UK from 1994-2004 showed that those on these Meds were 3x more likely to get *Clostridium difficile* (C-diff) which causes severe diarrhea and colitis. Those on Pepcid & Zantac were 2x more likely than non-users to get C-Diff, which can become chronic. Hospitalizations and taking antibiotics can increase risks for the infection as well.

Most patients hadn't been diagnosed with ulcers or acid reflux, so it's possible many simply had heartburn, according to Dial. "Heartburn in and of itself isn't dangerous and can often be treated with less potent drugs," she said.

A co-author of the study is a consultant for AstraZeneca Inc., which markets Nexium.

What you ingest changes something in your body. More and more medical providers are concerned about whether that change is good for you or detrimental when combined with other medications.

**TALK TO YOUR DOCTOR!**

## BRENTWOOD'S SCIENCE TEACHER, BILL MCGINN, A MUSE

There's a new book out called *Echoes From The Infantry*, by Frank Nappi. About 12 years ago, he began teaching a history literature interdisciplinary course at Oceanside High School. After war inspired poetry and "All Quiet on the Western Front," the class moved on to WW II, and Nappi, now 38, invited veterans to speak to the students. One of them was retired Brentwood science teacher, **Bill McGinn** and his buddy since boot camp, Edward Hynes.

The teacher and veterans became friends and Nappi began writing down the stories he was being told after **Bill** died in 2000. Through the years, both his friends liked to write him long letters. A publisher at St. Martins Press expressed interest in a book provided Nappi, who lives in Massepequa and has two sons, 10 and 8, weave the stories into a novel, which he has done. The book is dedicated to **McGill** and Hynes, who is now 82, and was published last fall. Its focus is a young man who learns about his distant father's life during WW II after his mother dies and he is cleaning out the attic. Chapters about family relationships alternate with ones about wartime service of the father. "I wanted to show the damaging effects that war has on a person," says Nappi. "I thought it would be more powerful for the reader to trace one person before, during and after, to see how one guy becomes who he is." Nappi stresses that the book is fiction, and McGinn and Hynes were much more in tune with their families than the character in the book.

Hynes' experience included several months as a prisoner of war in Germany, captured while giving first aid to another soldier, and blaming himself for getting caught. "I didn't talk about it for 40 years until I started going to meetings for American ex-prisoners of war at the VA in Northport...After I started to talk, I felt good. And I wondered why I never did it before. My children never heard me talk about it." He also didn't attend parades: he didn't want to see flags and uniforms.

McGinn and Hynes, along with another buddy, Bill Hannon, also deceased, were a threesome in the army at Camp Upton where Brookhaven Labs is today. When Hannon was sent to the 95th Infantry Division, McGinn and Hynes volunteered to go with him, though they had safer jobs. "That's how close we were," says Hynes.

When asked if he has any regrets, Hynes said, "No, if I was young, I'd do it all over again."



# NEWS NOTES

The **Zuckerman's** are at it again. This time they are taking off to cruise the inside pass of Alaska and then to Denali State Park From July 20 – August 8. The cost is \$3,500 If you want to go along, contact **Dot** at 631-567-3866.

In November 2005, 15 Brentwood graduates killed in Vietnam, were honored at the unveiling of a monument at the high school. Alumni raised the funds to replace an older plaque and used Veteran's Day to unveil the new memorial. ROBS members also donated. Those honored were: Richard P. Lancaster Jr. ('60), Jose Vasquez ('63), Esward LaBarr ('64), James Seidensticker ('65), Peter Colicchio ('66), Frank Sardina ('65), Nicholas Fritz ('65), Michael Cacciuttolo ('66), Gary Guasp ('64), Daniel Hommel ('65), Joseph Funk ('64), Lawrence Soltan ('66), David Scolnick ('66), John Rosa ('68), Thomas Wynne ('67). The members of the committee are: John Rotta, class of '60; George Tally, class of '64; Patrick Hughes, Steven Manzella, Jerry Curtain & **Vincent DeRiggi** class of '66; **Dana Gutierrez** and Thomas Hormann of the class of '67.

**Bill Mullady** (Sond. '97) is ecstatic with the birth of his first grandchild. Kyle William Soifer was born to daughter Jennifer and husband Scott on October 24th. **Bill** shares pictures at the drop of a hat. The kid is cute! **Donna-Marie Ragonese** (Oak Pk. '96) has just been appointed Director of Cornell Cooperative Extension for Ulster County! Congratulations!

Happy travelers are Barbara and **Don Kubiesko** (Ross '95). In February they will be spending 2 weeks in the Mexican Riviera. Then in May they are off for 2 weeks to California to visit relatives. And then there are those Florida trips to visit children. Warmth drives them, but so does good company. Happy tripping, guys!


Heard from H.S. Aide, **Grace Fata**, during the holidays. She reports that granddaughter Stefanie is off to the University of London to study Shakespeare. Stefanie was working in a Middle School this year and **Grace** and family are mighty proud of her achievements. **Grace** and hubby are off to Vegas for her big 70th birthday. Happy Birthday to a gal who definitely has her priorities straight! Wishing you well. **Grace!**



Word has reached us that **Norm Ness** (phys Ed SE Elem. '80's) is in a nursing home. **Norm** was a war hero in WW II and taught in Brentwood for 30+ years. "A great guy to work with: a happy guy, always with a smile on his face." according to **Tom Smith**. **Norm's** wife Charlotte's new address is 60 Oak Brook Commons, Clifton Park, NY 12065-2653.

We've heard that **Stan Yankowski**, former high school principal is well and enjoying his retirement. And **Grace Mannino** (HS '02) wants us to know she has a new email address: [graziellaenzo@earthlink.net](mailto:graziellaenzo@earthlink.net)

Get well wishes to **Sherry Calderaro** (Hemlock Park, '01) recovering from surgery in November. She and husband Chuck live at: 2 Conway Court, Palm Coast, FL 32137. Also under the knife in November was **Phyllis Baumann's** (Sond. Home Ec. '92) husband **George**. He had his 20 year old cataract lens removed, a new lens put in, and a cornea transplant. **Shirley Smith** (HS Eng.) is home after a hospital stay, 1938 E. Hawkin Place, Chandler, AZ 85249. **Gilda Mantin** (HS Eng.), also AZ., has recuperated fully after a stint placement last fall. And **Jim Warson**, (HS Eng.) suffered congestive heart failure in November. After hospitalization and rehab, he is back home in his AZ condo and following doctor's orders. Making her way to Arizona to visit these colleagues is **Betty Stosuy** (Ross Eng. '03). Is it something about Arizona and teaching English in Brentwood?

 **Pat Michalski** (Sond. '96) who taught physical education, passed away in early on December 30th. According to her partner, of 41 years, Judy Curtin: "Pat had been in failing health with both osteo and rheumatoid arthritis for a number of years making it increasingly difficult for her to get around. She relied on a powered wheelchair and scooter. Her heart gave out and she died quickly, as she would have wished." Many of us remember her cheery smile and hello.

**Pat McCarthy**, former chairman of the High School History Department, passed away last fall. **Paula Amore's** Mom passed away recently as well. By email: **Wes Trutt**, (Sond. @ '99) passed away suddenly in Florida on January 20.

Sadly, we heard about some of our former colleagues through the newspaper obits: **Bernice Davice** passed away on January 20 in Del Ray Beach, FL. She leaves her husband, **Marvin**. **Alice Funk** of Westbury, 69, who taught kindergarten and 1st grade, died on the same day at Calvary Hospice in the Bronx after a long battle with lung cancer. **Alice** left Brentwood on disability after complications of breast cancer in the mid 1980s. And for those of you who remember **Tracy Glasheen**, (Eng. Ross) she died of cancer just before Christmas. She leaves her husband, Rich, and 3 children. Our condolences to family and friends.

## ROBS PET PROFILES: Shiela & Letty Sustrin



We attend many craft shows and fairs on Long Island and are constantly amazed to see how representatives of the "Greyhound Rescue Groups" come with the dogs and attempt to find homes for them. Valerie, a retired teacher from Brentwood, contacted us about the plight of these dogs with a touching story. Perhaps someone in ROBS will be touched enough by this article to adopt a Greyhound.

### **VALERIE'S STORY** by Valerie Kujawski

My name is K.W. Carlie and I am a retired racing Greyhound. For 3 years I was on the track in Bridgeport, but an injury cut short my career. I am lucky because a retired social studies teacher from the Freshman Center in Brentwood adopted me. Many of the Greyhounds that I raced with were put to sleep because they could no longer bring money in for their owners and they did not find people who would adopt them. All we ask for is a nice home with people whom we can love.

Unfortunately there are too few of these for all of us who need homes.

Since my whole life was spent in a small kennel, learning to live with my new owner in a real home was scary. There were so many rooms to explore, and I had food and water out for me all the time. My new owner even gave me two big soft beds to rest or sleep on. No more wire cages that hurt my feet and belly! She gave me squeaky toys that I had to learn to play with. We never had anything like that on the track. My life has gotten so much better. I go for long walks and if we see a rabbit I still have the desire to chase it and maybe even one of these days, catch it! Playing ball, - I had to learn that too, - is so much fun because I get to run around my yard with my owner. When we were on the race track, we moved from place to place following the seasons and races. Now my new owner takes me with her, camping in our home on wheels. I like traveling with her. We have been all over the East Coast from Canada to Florida and I have my own special place in the camper. No more tight cubicles in a dog hauler with as many as 24 other dogs.

When I see her packing, I get excited thinking about our new adventure. Last summer, like many retirees, I began a new career. Each month we go to two nursing homes, as I am now a "Bide-a-Wee" pet therapy dog. I love all those hugs and kisses.

Now that Carlie has told you her story, it is my turn! I'm Valerie Kujawski and I am the proud owner of this wonderful 45 mph couch potato. The Greyhound is such a good breed that I volunteer my time rescuing and placing these dogs that are excessed by the tracks.

The Greyhound is an ancient breed. Pictures of these dogs were found in Egyptian tombs and Alexander the Great owned one named Peritas. The Greyhound is a noble, gentle dog, who is quiet, intelligent and sensitive. They do not take up much room and do just as well in small apartments as in larger homes. Most people who adopt one will soon wind up with two or even three. Carlie will be getting a companion in the near future. Once they are retired, they do not need to be run. A nice walk two or three times a day or even yard play is all it takes to make them happy. They are sight hounds though and because of their speed, they can never be let off their lead and their yards must be fenced. If you are bothered by an allergy or hate dog hair all over you, you will love the Greyhound. They have no undercoat or fur. There are no hairballs flying around because they have only body hair. In cold weather, however, they need a coat as there is little or no body fat under that hair.

My life has been made richer by adopting Carlie, my 72 pound, 6 year old fawn Greyhound!! If you have room in your home and your heart, think about rescuing an ex-racer. The Greyhound will return the favor with lots of LOVE!!

For more information about living with a Greyhound, read "Retired Racing Greyhounds for dummies," by Lee Living or contact your local Greyhound Rescue Group by checking the internet. There are two major rescue groups on Long Island:

**LIGHT** - Long Island Greyhound Transfer, 516-625-3242; [www.ligreyhound.org](http://www.ligreyhound.org) and **GRATEFUL GREYHOUNDS** - 516-735-5070; [www.GRATEFULGREYS.org](http://www.GRATEFULGREYS.org) or contact them at: [greyhoundsavior@aol.com](mailto:greyhoundsavior@aol.com)

LASTLY, please DO NOT patronize the dog tracks that perpetuate the over-breeding and destruction of these wonderful, loving dogs.

### **FLORIDA LUNCHEON: WEDNESDAY, MARCH 8, 12 TO 3 PM AT PADRINO'S RESTAURANT**

441 Glades Road, (Northwest corner) in Mission Bay Plaza

\$16 per person - tax & gratuities included

**BUFFET:** salad, choice of black bean or chicken noodle soup, white rice, sweet plantains, ground beef, a meat dish, a chicken dish, another fish or meat or chicken dish (changed every day), soft drink, regular coffee, iced tea and dessert (your choice of Flan or Sponge cake called "Tres Leches")

**Checks ASAP by March 4 made out to:** Marilyn S. DePlaza, 10609 Mendocino Lane, Boca Raton, FL 33428; phone: 561-488-1267; cell: 561-716-6068. You're invited to Marilyn's home to continue conversations and see History videos.

# **ROBS BREAKFAST FEBRUARY 16, 2006**

## **O-CO-NEE EAST DINER**

**9 AM - 11 AM**

49 Main St. & Rte. 111 Islip NY1 11751(631)581-2663

Please order by number. Included: choice of juice  
(apple, grapefruit, orange or tomato) coffee or tea.



**#1**

One egg w/ potatoes & toast  
Ham, Bacon or Sausage

**#2**

Two eggs w/ potatoes & toast  
Ham, Bacon or Sausage

**#3**

Griddle Cakes, butter, syrup  
Ham, Bacon or Sausage

**#4**

French Toast butter, syrup  
Ham, Bacon or Sausage

**#5**

Belgian Waffle, butter, syrup  
Ham, Bacon or Sausage

**#6**

Spanish, Western Ham, Bacon  
Mushroom or American Cheese  
Omelette, potatoes & toast

**#7**

Spinach & Feta, Garden, Farmers  
Asparagus or Artichoke Omelette  
Potatoes & toast

**#8**

Swiss, Cheddar, Feta or  
Mozzarella Omelette  
Potatoes & toast

**#9**

One egg on a roll  
w/ Ham, Bacon & Sausage

**#10**

Plate of Bacon, Ham or  
Sausage w/ Potatoes & Toast

**#11**

Corned Beef Hash w/ two eggs  
Potatoes & toast

**#12**

5 Star Breakfast  
2 eggs, 2 strips of bacon  
1 sausage link, 2 French Toast  
wedges & 5 Silver dollar pancakes

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Please out your check to ROBS (\$8 per person). Deadline February 6,  
2006. Send to Ruth McCalla 100 Columbus Ave. Central Islip NY 11722  
631-234-8013

Name \_\_\_\_\_ Address \_\_\_\_\_  
Town \_\_\_\_\_  
Phone \_\_\_\_\_ No. Attending \_\_\_\_\_

## Looking to save money?

These discount programs endorsed by New York State United Teachers Member Benefits will save you money!

### Simply Certificates

Perfect for gift giving! Gift certificates purchased from Simply Certificates online or by phone are discounted 10 percent for NYSUT members and agency fee payers. You must identify yourself as a NYSUT member to receive the discount. Note: This discount is not valid at Simply Certificates retail locations.



Certificates are accepted at hundreds of participating restaurants, day spas, resorts, golf courses and ski areas. Merchants are located in many areas within New York, as well as in many other states and D.C.

### Working Advantage

If you like to save money on entertainment, then this program will interest you. Purchase discounted tickets for movie theaters, video rentals, theme/amusement parks, skiing, Broadway shows, museums and special family events through Working Advantage.

You can order tickets through the mail, Internet or phone. You must identify yourself as a NYSUT member and use the special NYSUT identification number: 704689984.

### Lifeline

If you have an older relative living at home, Lifeline can give both of you peace of mind. It's an easy-to-use personal response service that ensures older adults living at home get quick assistance whenever it is needed, 24 hours every day.

A push of a button dials a monitoring center and establishes two-way voice communication. A Lifeline Personal Help Associate communicates with the individual, assesses the situation, summons appropriate help and follows up to ensure help arrived. Lifeline also allows the user to answer the phone without rushing and risking a fall. Additionally, it can give reminders about medications, appointments, etc.

NYSUT members receive discounted pricing. Note: Some communities may offer Lifeline through hospitals or service agencies. You should check with these facilities for availability and pricing.

### How to Access

For information about these programs, contact NYSUT Member Benefits: (800) 626-8101, e-mail: [benefits@nysutmail.org](mailto:benefits@nysutmail.org), or online: [www.memberbenefits.nysut.org](http://www.memberbenefits.nysut.org).

For information about contractual expense reimbursement/endorsement arrangements with endorsed programs, please call NYSUT Member Benefits.