

## - LIVING YOUR BEST LIFE — OPTIMIZING RETIREMENT OPPORTUNITIES

Who:	NYSUT Retiree Members in Long Island Retiree Councils 17-23, 39, 40-42	
When: Where:	Tuesday, October 17, 2023 Marriett Molville, 1250 Walt Whitman Bood, Molville, NV 11747	
Cost:	Marriott Melville, 1350 Walt Whitman Road, Melville NY 11747 \$48	
	ψIO	
		CONFERENCE SCHEDULE
8:30 am	Registration/Continental Breakfast/Benefits and Information Display	
9:15 am	Welcome:	Claire Zatorski, NYSUT Nassau Retiree Services Consultant
		James Kinnier, NYSUT Suffolk Retiree Services Consultant
9:30 am	Speakers:	Ron Gross, NYSUT Second Vice-President
		Florence McCue, Director At-Large, EDs 51-53
		Matt Jacobs and Peter Verdon, LI Regional Staff Directors
10:45 am - 11:30 am	Breakout Se	ssion I
Seminar A	The ABCs of Medicare - DeniseAnn Passarelli and Maryflorence Brennan, presenters	
Seminar B	Financial Crimes and Elder Financial Exploitation: Evalina Robinson, presenter	
Seminar C	Elder Law and Asset Protection- Steve Kramer, presenter	
Seminar D	NYSUT Peer Support Line: A Resource for Members and their Families – Joe Mangini, presenter	
11:45 am - 12:30 pm	Breakout Session II	
Seminar A	Traveling with Your Smartphone: Tips and Tricks - Richie Levitan, presenter	
Seminar B	Keeping Your Brain Young As You Age - Emma Olivia Kaye and Cynthia Vardaro, presenters	
Seminar C	Ten Diet & Exercise Tips for Extra Credit in your Golden Years - Peggy Kraus, presenter	
Seminar D	Offshore Winds - Why Should We Transition to Renewable Energy? - Adrienne Esposito, presenter	
12:30 pm - 2:30 pm	Lunch: Ch	oice of Chicken Francese or Glazed Salmon
	(spe	cial dietary needs may be noted on registration form)
	Legacy Fund Recognition/Honorees	
		eaker <b>: Melinda Person</b> , NYSUT President
	Conference wrap-up, evaluations, raffles	

## **CONFERENCE REGISTRATION DEADLINE: OCTOBER 6, 2023**

All registration must be done online through the registration link below. There will be no registration at the door.

**Registration link:** 

## nysut.cc/RC-17-18and19-2023

If you have any problems with registration, contact your Retiree Services Consultant: Claire Zatorski (Nassau): 516-496-2035; Jim Kinnier, Suffolk: 631-273-8822 **Special note:** If you are in need of any accommodations as per the Americans with Disabilities Act please refer to information in the online link.